

# **Fuse Research Event**

## Co-production: sharing best practice and applying the principles in your work

### Thursday 14 September 2023, 1pm - 5pm

The Calman Learning Centre, Durham University

#### About this event

This event will showcase examples of good practice of co-production in North East and North Cumbria, identify key elements and principles and explore how you can apply these principles in your work. There will be table discussions to help you develop a co-production plan for your own projects.

#### What will I gain from this?

We will share our experiences of working co-productively with a range of academic, public and practitioner partners. This will include an overview of theoretical approaches to co-production as well as how this works in practice. We will also discuss some of the strengths and limitations of this approach. Following presentations, you will have the opportunity to develop your own co-production plan with guidance offered by the panel.

#### **Speaker details**

Grant McGeechan, Teesside University/Fuse – overview of co-production with policy partners Emma Giles, Teesside University/Fuse – overview of co-production with third sector organisations Brett Smith, Durham University – overview of co-production within Making Every Contact Count (MECC)

Peter Van Der Graaf, Northumbria University/Fuse – overview of co-production with policy partners and peer researchers.

#### Who should attend?

Academic researchers, health and care professionals, community and voluntary sector staff and community members interested in co-production.

#### Draft programme

Time	
12.45	Registration and Coffee
13.00-	Welcome and Introductions
13.10	Dr Grant McGeechan, Senior Lecturer in Health Psychology, Teesside University/Fuse
	Dr Peter van der Graaf, Associate Professor in Public Health, Northumbria University/Fuse
13.10-	Dr Grant McGeechan, Senior Lecturer in Health Psychology, Teesside University/Fuse
13.30	Co-production with policy makers, reflections on 10 years of research with local authorities
	(5 minutes for Q&A)



13.30-	Prof Emma Giles, Professor of Integrating Physical and Mental Health, Teesside
13.50	University/Fuse; and practice partner (TBC)
	Co-production with third sector organisations; volunteering as an asset not a free resource
	(5 minutes for Q&A)
13.50-	Prof Brett Smith, Professor of Disability and Physical Activity, Durham University
14.10	Citizens' contributions to public services, a guide to co-producing research in sport,
	exercise & health sciences
	(5 minutes for Q&A)
14.10- 14.30	Dr Peter van der Graaf, Associate Professor in Public Health, Northumbria University/Fuse
14.50	Tailoring co-production practices to local needs: four tensions in collaborative research
	partnerships and how to solve them
	(5 minutes for Q&A)
14.30	Comfort and refreshment break
14.50-	Panel discussion with speakers and invited practice and public partners
15.15	What are key elements and principles for co-production with different partners (the do's,
	don'ts, and so what's)? How can we ensure more co-production of research and public services in the North East and North Cumbria?
	Questions from audience using <u>Slido</u>
	Questions normadulence using <u>sindo</u>
15.15-	Workshops: how to apply co-production principles and resources to your projects
16.00	Table discussions to help participants develop a co-production plan for their own
	projects
16.00-	Feedback from table discussions
16.15	Key suggestions for improving co-production in the region
16.15-	Agreeing next steps
16.30	Dr Grant McGeechan, Senior Lecturer in Health Psychology, Teesside University/Fuse
	Dr Peter van der Graaf, Associate Professor in Public Health, Northumbria
	University/Fuse
16.30	Close of event

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